

**KNOW YOUR ACADEMIC STRENGTHS AND WEAKNESSES**

☺ Academic Strengths (by subject)

☹ Academic Weaknesses

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**UPDATE YOUR ACADEMIC AND NONACADEMIC RECORD**

**✓ Academic Experiences**

**✓ Evaluate Non-academics**

AP and Honors courses:

vacations

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travel

summer enrichment programs:

leadership positions: \_\_\_\_\_

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approved independent study in:

awards: \_\_\_\_\_

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theater: \_\_\_\_\_

source of academic inspiration:

music: \_\_\_\_\_

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foreign exchange study

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school newspaper

other: \_\_\_\_\_

yearbook

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community service

NOTE: Evaluate your activities in terms of how they've benefitted you and how your contributions benefitted others.

volunteer programs

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church

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nature exploration

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literary/publishing

JOBS! \_\_\_\_\_